

Class 1 Topic Homework Menu - Autumn Term

Design a healthy lunch box. Have a look at this website <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes#make-your-own> and make sure your design includes food from all of the food groups.

What makes me, me?
(Marvellous me and Amazing Animals)

Keep a diary of how much water you drink every day. Why is it important to drink lots of water?

What is your favourite way to keep active? Draw a picture of you doing it or bring in a photograph.

This is our homework menu for this half term. You can choose to do as many as you want, or you may have other ideas. If you bring it into school we can display it on our homework board. Each homework will earn you 5 Dojo points!

Research your favourite animal and create a mini book about it. What does it look like when it's young? Where does it live? What does it eat?

What do you want to be when you are older? Find out about your dream job and draw a picture of future you in that role.

Everyone is special in some way. What is special about you? What would you like your teachers to know about you? Do you have a secret super power? What is it?

Bake a healthy snack like granola bars or oat biscuits. If you include some fruit and not too much sugar it will be super healthy!